

# ALLERGEN MENU

## STARTERS

### FRENCH ONION SOUP

CONTAINS: celery/gluten(wheat,rye,barley)/lupin/milk/mustard/nut traces/peanuts/sesame/soya/Sulphur dioxide

### DUCK & ORANGE PATE

CONTAINS: celery/gluten(wheat,rye,barley)/eggs/lupin/milk/mustard/nut traces/peanuts/sesame/soya/Sulphur dioxide

### SPICED COD & PRAWN FISHCAKES (DEEP FRIED ITEMS)

CONTAINS: celery/gluten (wheat, oats,rye,barley)/crustaceans/eggs/fish/milk/mollusc/mustard/nut traces/peanuts/sesame/soya/Sulphur dioxide

### LE MISTRAL GARLIC BREAD

CONTAINS: gluten(wheat,rye,barley)/lupin/milk/nut traces/peanuts/sesame/sulphur dioxide

### RUSTIC SEASONED CHIPS(DEEP FRIED ITEMS)

### HERB MASHED POTATO

CONTAINS: milk

### SALADE MAISON

CONTAINS: celery/egg/mustard/soya/Sulphur dioxide

### DAUPHINOISE POTATOES

CONTAINS: milk/Sulphur dioxide

### ONION RINGS(DEEP FRIED ITEMS)

CONTAINS: gluten(wheat,oats,rye,barley)

### SEASONAL VEGETABLES

CONTAINS: milk

### COUS COUS

CONTAINS: celery/gluten (wheat, barley)/lupin/milk/sulphur dioxide/soya

## MAINS

### BOUILLABAISSÉ

CONTAINS: celery/gluten (wheat, barley)/eggs/crustaceans/fish/lupin/milk/mollusc/soya/Sulphur dioxide

### BOEUF BOURGUIGNON

CONTAINS: celery/milk/soya/Sulphur dioxide

### LE MISTRAL BURGER (DEEP FRIED ITEMS)

CONTAINS: gluten(wheat, rye, barley)/eggs/lupin/milk/nut traces/soya/mustard/sesame/sulphur dioxide

### SPICED COD & PRAWN FISHCAKES (DEEP FRIED ITEMS)

CONTAINS: celery/gluten (wheat, oats,rye,barley)/crustaceans/eggs/fish/milk/mollusc/mustard/nut traces/peanuts/sesame/soya/Sulphur dioxide

### STEAK PIE

CONTAINS: celery/gluten (wheat, barley)/egg/nut traces/sesame/lupin/milk

### CHICKEN & HAM PIE

CONTAINS: celery celery/gluten (wheat, barley)/egg/nut traces/sesame/lupin/milk

### CHICKEN & CHORIZO RIGATONI

CONTAINS: celery/gluten(wheat)/eggs/milk/soya/sulphur dioxide

### CHICKEN & BACON FRICASSEE

CONTAINS: celery/gluten traces/milk/mustard/soya/sulphur dioxide

### PORK DAUPHINOISE

CONTAINS: celery/gluten traces/milk/mustard/sulphur dioxide

### SLOW COOKED LAMB SHANK

CONTAINS: celery/milk/mustard/soya/sulphur dioxide

# ALLERGEN MENU

## PLANT BASED & VEGETARIAN

### MOROCCAN TAJINE

CONTAINS: celery/gluten(wheat,oats,rye,barley)/nut traces/peanuts/sesame/Sulphur dioxide

### MOVING MOUNTAIN BURGER (DEEP FRIED ITEMS)

CONTAINS: celery/gluten (wheat, oats,rye,barley)/eggs/lupin/nut traces/milk/mustard/sesame/soya

### WILD MUSHROOM RIGATONI

CONTAINS: celery/gluten(wheat)/eggs/milk

## DESSERTS

### SWEET CHERRY LATTICE

CONTAINS: gluten(wheat,oats,rye,barley)/lupin/nut traces/peanuts/sesame

### DOUBLE CHOCOLATE BROWNIE

CONTAINS: gluten (wheat, barley)/eggs/lupin/milk/nut traces/peanuts/sesame

### STICKY TOFFEE PUDDING

CONTAINS: gluten(wheat,rye,barley)/eggs/lupin/milk/nut traces/peanuts/sesame

### YORVALE LUXURY ICE CREAM POTS

CONTAINS: milk/nut traces/peanuts/sesame/soya

### SORBET POTS

## KIDS

### BATTERED FISH GOUJONS & CHIPS((DEEP FRIED ITEMS)

CONTAINS: celery/gluten(wheat, barley)/fish/lupin/sulphur dioxide/soya

### BEEF BURGER(DEEP FRIED ITEMS)

CONTAINS: gluten(wheat,oats,rye,barley)/eggs/lupin/milk/nut traces/mustard/sesame/Sulphur dioxide

### PLANT BASED BURGER((DEEP FRIED ITEMS)

CONTAINS: celery/gluten (wheat, oats,rye,barley)/eggs/lupin/nut traces/milk/mustard/sesame/soya

### BOEUF BOURGUIGNON

CONTAINS: celery/milk/soya/Sulphur dioxide

### CHICKEN & BACON FRICASSEE

CONTAINS: celery celery/gluten traces/milk/mustard/soya/Sulphur dioxide

### CHEESE PASTA & GARLIC BREAD

CONTAINS: celery/gluten(wheat,rye,barley)/eggs/milk/sesame

OUR ALLERGEN MENU PROVIDES PRODUCT INFORMATION REGARDING ALLERGENS IN EACH DISH, OUR KITCHEN TEAMS ARE TRAINED TO ADHERE TO THIS ALLERGEN INFORMATION. DUE TO THE NATURE OF OUR FOOD PRODUCTION ENVIRONMENT, WE CANNOT GUARANTEE WITH 100% CERTAINTY THAT TRACES OF THE MAJOR 14 ALLERGENS MAY NOT BE PRESENT IN YOUR DISH. HOWEVER, WE TRY TO ENSURE LEVELS ARE ADEQUATELY CONTROLLED TO THE BEST OF OUR ABILITY.

\*SOME ITEMS USE THE SAME DEEP FAT FRYER AND MAY CONTAIN TRACES OF ALL ALLERGENS; THIS IS SHOWN WITH (DEEP FRIED ITEMS)